

## Residency

Michigan State University—Statewide Campus System  
Ascension Genesys Hospital, Grand Blanc, MI  
ACGME/AOA Dual Accredited Program  
Obstetrics & Gynecology, 2016- 2020  
Chief Resident 2019-2020

## Medical

Western University of Health Sciences—College of Osteopathic Medicine of the Pacific,  
Pomona, CA  
Doctor of Osteopathy, 2016

## Graduate

Western University of Health Sciences—College of Biomedical Sciences, Pomona, CA  
Master of Science in Medical Sciences, 2012

## Undergraduate

University of St. Thomas, St. Paul, MN  
Bachelor of Arts in Psychology, 2010

## Professional

**NPI:** 1326495334                      **License:** 5101022394  
**Written AOBG Board Exam Passed May 2019**  
**Fundamentals of Laparoscopic Surgery (FLS) Certification October 2019**  
Member, American College of Obstetrics and Gynecology  
Member, American College of Osteopathic Obstetricians and Gynecologists  
Member, Ascension Genesys Hospital Ethics Committee  
Member, Ascension Genesys Hospital Resident Peer Review Committee  
Certified, Advanced Cardiac Life Support and Basic Life Support  
Certified, Neonatal Resuscitation  
Certified, Nexplanon Insertion and Removal

## Research

“Difference in Detection of Bacterial Vaginosis in Pregnant Women by Genital Culture versus BP Affirm VPIII Vaginosis triple test at a community hospital.”

Ongoing research project at Ascension Genesys Hospital, utilizing retrospective analysis to determine differences in detection of infection based on testing medium.

“Vision Function and Assessment in Vertiginous Patients.” Under Valerie Wren, O.D., 2012  
Evaluated visual functioning in vertiginous patients enrolled in a randomized controlled study comparing the effectiveness of OMT versus vestibular rehabilitation therapy in order to determine if ocular misalignment has a direct correlation to degree of symptoms experienced by the patient.

## Presentations

- Liver Disease In Pregnancy, Resident Education while on MFM rotation, Sept. 2018
- Previaible Preterm Rupture of Membranes, Morbidity and Mortality Conference, June 2019
- Contraception Options, MSU Student Morning Report Conference, Feb. 2019
- Post Partum Takotsubo Cardiomyopathy, Morbidity and Mortality Conference, July 2017
- Post Menopausal Bleeding, MSU Student Morning Report Conference, May 2018

## **Dr. Rachel Zilles, DO**

rzilles@mnwcare.com

### **Work Experience**

Elite Medical Scribes, Data Entry Specialist, 2010-2011

Coca-Cola Enterprises, Product Merchandiser, 2007-2011

University of St. Thomas Athletic Department, Women's Hockey Team Manager, 2008-2010

### **Courses and Conferences**

Pelvic Anatomy Course, MSU East Lansing, MI, March 2018

ACOGG National Conference, Philadelphia, PA, October 2017

Colposcopy Course, MSU East Lansing, MI, November 2016

Shoulder Dystocia Course, Southfield, MI, September 2017

Ultrasonography Course, MSU Lansing, MI, October 2016

### **Hometown**

Lake St. Croix Beach (Stillwater), Minnesota

### **Interests/Hobbies**

As someone born and raised in Minnesota, I grew up playing hockey my entire life, including at the collegiate level. I now enjoy pick up games with my family, exploring the outdoors, trying new recipes and restaurants. I also enjoy going to concerts and museums and overall spending time with friends and family.