

Kellie Lease Stecher, MD

Physician, Advocate, Leader, Passionate, Persistent, Determined

Linkedin: <https://www.linkedin.com/in/kellie-stecher-md/>

Education:

01/2016-present	ABOG Board Certified
07/2009-09/2013	Resident at Grand Rapids Medical Education and Partners, Grand Rapids, MI
08/2005-05/2009	Medical College of Wisconsin Milwaukee, WI Degree: MD
08/2001-05/2005	St. Mary's University Winona, MN Degree: BA in Biology, Lasallian Honors

Employment:

01/2021-Present	Co-Founder/President Patient Care Heroes Creating a community for those who provide care to patients. Advocate for physicians, nurses, and care providers. Policy change-maker. Mental health advocate. Partnering with national and local organizations to provide resources for the medical community.
08/2019-06/02/22	M Health Fairview Women's Center - Edina MN Physician
10/2015- 08/2019	Private Practice, OBGYN West - Eden Prairie, MN Physician - Partner Ultrasound Dept. Manager
09/2013- 10/2015	Employee, Private Practice, Clinic Sofia - Edina, MN Physician

Books:

The Future Female Leader; Edited by Linda Eastman. Chapter on authenticity, and authentic leadership. 9/2021.

Delivering: This is a memoir, written essay format. It was created to bring awareness to social justice, women's rights, my personal journey through abuse and sexual assault. It also started the conversation around mental health, postpartum care, and sexuality. October 2021. [Link](#)

Physician Underdog: Underestimated (Chapter). 1/2022. Book was published by Navin Goyal.

Public Speaking:

AMWA leadership council Moderator 7/18/22 *Fortifying yourself against burnout.* [Link](#)

Beyond the Paper Gown Webinar 7/10/22 *Aftershocks: Unexpected consequences of the Roe V Wade Decision.* [Link](#)

Gender Equity Empowerment Symposium, Hosted by AMWA, May 15, 2022 *The hidden curriculum – Protect thyself* [Link](#)

Healthcare Burnout Symposium, January 24-25 2022. *Overcoming the trust gap in healthcare* [Link](#)

Ending Physician Burnout Conference Aug 24-25 2021 *Being a woman in medicine: Training, safety, leadership and other keys to changing the culture* [Link](#) -Top rated lecture of this conference

Ending Physician Burnout Conference Aug 24-25 2021 *“Healthcare's Equity Problem: Stories, Systemic Contributors and Solutions.”* [Link](#)

Private GE Healthcare Event 11/18/21 *Women In Medicine: Challenges and Changes*

Saint Marys University of Minnesota, March 2021 Panel Discussion for Women in Science

Amelia Riegstad Women Empowerment Series, March 2021 *Womens empowerment*

InnovatorMD Virtual Conference March 19, 2021 *Keynote Speaker* [Link](#)

Interviews:

Channel 5 News UK *America Divided as Roe V Wade Overturned* 06/27/22 [Link](#)

Health Tech World UK interview, 5/27/22 [Link](#)

Great Books + Great Minds, Diamond Michael Scott 5/25/22 *Delivering on Life* [Link](#)

Better Call Daddy, Reena Friedman Watts, Podcast 179 *Stepping Up, Speaking Up, And Delivering!* [link](#)

The Go Procast, Jeremy Torisk *Delivering with Kellie Lease Stecher* [Link](#)

Humanizing Leadership with Louise H Reid, Episode 136 *Protect women who protect us with Dr. Kellie Lease Stecher* [Link](#)

Beckers Healthcare, Scott Becker December 5th 2021 [Link](#)

Beckers Healthcare, Scott Becker April 28th 2021 [Link](#)

Heroes of Healthcare *Mental Health in Healthcare: Burnout, Anxiety, Depression & Suicide* [Link](#)

KORE Women, Dr, Summer Watson, October 12, 2021 Episode [Link](#)

WPVM-FM Workplace Issues, Dawn Westmoreland, Aug 27,2021 Episode *Physician Harassment* [Link](#)

The Inspiration of Healing, Matt Welik, Episode 8 [Link](#)

FlipMyFunnel, Sangram Varje, #893 *Mental Health: Caring for the Medical* [Link](#)

Upshot Lifesciences, Ambreen Riaz, July 5 2021, *The Culture of Medicine* [Link](#)

Heroes of Healthcare, June 2021 Episode, *Mental Health: Caring for the Medical Community.* [Link](#)

20/20 Foresight, Earl Ameen, Episode 156 *CEO Insights* [Link](#)

SNF Spotlight Series, Yitz Rubin *Caring for caregivers: Kellie Stecher* [Link](#)

The Emergency Docs. Ep. 35: *COVID Reflections- Public Health Heroes with Dr. Kellie Stecher.* (Apple podcast)

Out of Patients, Matthew Zachary *Dr. Kellie Stecher: Proud Band Geek and COVID-19 Burnout Hacker* [Link](#)

The Podcast, KevinMD March 8, 2021, *Sexual Harassment in Medicine* [Link](#)

More Money Freedom & Fun Cat Breet *Stress, Anxiety & Grief: Hope & Healing from the front lines with Dr. Kellie Lease Stecher* [Link](#)

The Eighth Mile, David Neal, Feb 8, 2021 Episode *Patient Care Heroes* [Link](#)

Selection of Articles

Boston Globe, Jessica Bartlett & Felice Freyer, 7/3/2022 *Fall of Roe could bring 'catastrophic consequences' to maternal, fetal health.* [link](#)

Boston Globe, Jessica Bartlett, 5/13/2022 *How do contraceptives work and why are antiabortion advocates targeting them?* [link](#)

Livescience, Patricia Carswell 9/28/2021 *How should you sleep during pregnancy* [Link](#)

Metro Doctors, Journal of the Twin Cities Medical Society Winter 2021 "At the root" (28-29) [Link](#)

KSTP, Callan Gray October 4 2021 *Minnesota doctors remembered, calls for change renewed on eve of Physician Suicide awareness Day* [Link](#)

KARE, Jana Shortal September 8, 2021 *Doctor calls for systemic change amid mental health crisis in healthcare sector* [Link](#)

Top Doctor Magazine, Brianna Connors May 10, 2021 *Dr. Kellie Stecher: Mental and Psychological Well-Being of Medical Professionals in the Workplace* [Link](#)

KARE Jennifer Austin, February 3, 2021 *Twin Cities doctor helps launch site to honor health care workers* [Link](#)

Stecher KL. *America is in an abusive relationship.* Psychology Open A Open J. 2020; I(1): 1-2. [Link](#)

Recent Honors/Awards:

2022 Medika Life Top 50 most influential voices in healthcare

2022 Anthem Awards, Silver Medal: Diversity, Equity, and Inclusion, Product Leader of the Year

2021 Ending Physician Burnout Global Summit, Top Speaker

2021 Physician Leader of the Year- Runner Up, Sharp Awards, The Sharp Index

2020 Minneapolis/St. Paul Magazine Top Doctors Rising Star

2020 Women in Medicine Top Obstetrician-Gynecologist

2019 Minneapolis/St. Paul Magazine Top Doctors Rising Star

2018 Minneapolis/St. Paul Magazine Top Doctors Rising Star

Organizations:

ACOG

ACGME, Call to Action Project member

AMWA, 8th District Governor, Member, Gender Equity task force

Minnesota Mental Health Advocates, Board Member

League of Minority Voters, Minnesota Chapter

Global Goodwill Ambassador

Physician Underdog: Physician Mentorship

Minnesota Medical Association- Well Being Committee Member

Society of OB/GYN Hospitalists
ACOG: American College of Obstetrics and Gynecology
Mentorship Matters
PCOS-Androgen Excess Society
Minnesota Doctors for Health Equity
Connected Hearts
National Association for Healthcare Quality
Yellow Ribbon
This Is Our Shot
#SpeakUpOrtho
Association of Healthcare Journalists
World Association for Disaster and Emergency Medicine
American Life Music Council