

Kayla Mock Waldecker, CNM

EDUCATION

Doctor of Nursing Practice, Nurse Midwifery

May 2023

School of Nursing, University of Minnesota- Minneapolis, MN

Master of Nursing

December 2019

School of Nursing, University of Minnesota- Minneapolis, MN

Master of Public Health

August 2015

College of Education and Health Services, Benedictine University - Lisle, IL

Graduate Certificate: Public Health Management and Policy

Graduate Certificate: Public Health Education and Promotion

Bachelor of Arts- Gender and Women Studies, Theatre and Drama

August 2012

College of Letters and Science, University of Wisconsin- Madison, WI

NURSE-MIDWIFE EXPERIENCE

The Minnesota Birth Center

Certified Nurse Midwife

July 2023-Present

- Provide full-scope midwifery care in freestanding birth center and hospital settings
- Clinical services including: primary care/annual exams, sexual health, GYN care, IUD/Nexplanon and other contraceptive management, mental health, prenatal care, lactation support and diabetes education

NURSE-MIDWIFE CLINICAL ROTATIONS

University of Minnesota Physicians

Student Nurse Midwife- Women's Health Rotation

Sept 2022- May 2023

- Completed 500+ clinical hours in the clinic and inpatient setting
- Provided full-scope midwifery care for families of diverse backgrounds; completion of program requirements including management of 50+ births
- Completion of 2-day clinical rotation in Maternal Fetal Medicine clinic

The Minnesota Birth Center

Student Nurse Midwife- Women's Health Rotation

October 2022-December 2022

- Completed 217 clinical hours in the clinic and freestanding birth center setting
- Gained experience in normal physiologic birth, waterbirth, management obstetric emergencies in an out-of-hospital setting, continuity-of-care during hospital transfer, lactation counseling, and comprehensive newborn exam
- Completion of DNP project at site: "Standardizing Communication During Hospital Transfers in a Freestanding Birth Center"

M Health Fairview, East Region

Student Nurse Midwife- Women's Health Rotation

Sept 2021- July 2022

- Completed 425+ clinical hours in the clinic and inpatient setting

M Health Fairview, Rice Street Clinic

January 2022- May 2022

Student Nurse Midwife- Primary Care Rotation

- Completed 120 clinical hours of primary care experience in the clinic setting
- Provided care to a diverse patient population with a wide range of complex and chronic health conditions

NURSING EXPERIENCE

The Minnesota Birth Center, Twin Cities, MN

Clinic RN and Birth Assistant

November 2019-January 2022

Per Diem Birth Assistant

January 2021-July 2023

- Provided antepartum, intrapartum, and postpartum nursing care to low-risk birthing individuals in an out-of-hospital setting committed to the philosophy of normal physiologic birth
- Conducted 24-48 home visits including postpartum assessment and education, lactation support, newborn assessment, and newborn screening tests
- Clinic nurse responsibilities included assisting CNM providers in prenatal and women's health clinic setting including leading NOB intake visits, reviewing all patient lab results, telephone triage, and phlebotomy
- Facilitated prenatal and postpartum circle care, lactation support, and other group education sessions

AWARDS/ HONORS

Sigma Theta Tau International

November 2019

Honor Society of Nursing

University of Minnesota- School of Nursing

Spring 2022

Grace B. Dayton Scholarship

Kathleen Dineen Nurse- Midwifery Scholarship

LICENSES/CERTIFICATIONS AND OTHER TRAINING

Certified Nurse Midwife (APRN)

Minnesota Board of Nursing
Status: Active; Renewal: 02/28/2026

Certified Nurse Midwife

American Midwifery Certification Board
Status: Active; Renewal: 12/31/2028

Registered Nurse

Minnesota Board of Nursing
Status: Active; Renewal: 02/28/2026

Public Health Nurse

Minnesota Board of Nursing
Status: Active

Neonatal Resuscitation Program

American Academy of Pediatrics
Status: Active; Renewal 01/31/2025

Basic Life Support

American Heart Association
Status: Active; Renewal 08/2024

Birth Doula Training

DONA International, 2015

Childbirth Educator Training

Childbirth International, 2018

LEADERSHIP/PROFESSIONAL DEVELOPMENT

American College of Nurse-Midwives

September 2021- January 2022

National Government Affairs Committee Student Representative

Minnesota Better Birth Coalition

July 2017- May 2018

Legislative Advocacy Volunteer

The Minnesota Birth Center

June 2020-Present

Racial Equity Committee Member

Everyday Miracles

Karma Doula Collaborative Co-Founder

April 2015-May 2018