

# CAROLITA B HERITAGE, MD, FACOG

## EDUCATION and TRAINING

Obstetrics and Gynecology Residency (June 2015 - June 2019)  
Aurora Health Care OBGYN Residency Program  
Milwaukee, Wisconsin

Doctor of Medicine, May 2015  
University of Mississippi School of Medicine  
Jackson, Mississippi

Bachelor of Science in Biology: Medical Sciences, May 2010 - cum laude  
Mississippi College  
Clinton, Mississippi

Associate of Arts in Pre-Medical Studies, May 2008  
Southwest Mississippi Community College  
Summit, Mississippi

## WORK

OBGYN Physician - Brookhaven OBGYN, Women's Health Mississippi, 2019-current  
OBGYN Clerkship Preceptor - William Carey University College of Osteopathic Medicine, 2022-current  
OBGYN Resident Physician - Aurora Health Care Milwaukee, 2015-2019  
Sales Associate - The Gift Box, 2010 - 2011  
Nanny - Brandon, MS, 2010 - 2011  
Yoder's Heat & Air, LLC - Secretary/Dispatcher, 2005 - 2010  
Stat Care, LLC - Receptionist, 2007 - 2008  
Harvest Ministries Summer Camp - Senior Counselor, 2007 - 2008  
Photography by Susie - Assistant Photographer, 2005 - 2010

## LICENSES and CERTIFICATIONS

Mississippi State Medical License: No. 25540 (2018 - current)  
American Board of Obstetrics and Gynecology: Board Certified (Written Certification passed 2019, Oral Certification passed 2021)  
Wisconsin State Medical License: Medicine and Surgery, No. 66363 (Expired 2020)  
USMLE Step 1 (Passed 2013)  
USMLE Step 2 CK (Passed 2014)  
USMLE Step 2 CS (Passed 2014)  
USMLE Step 3 (Passed 2016)  
Basic Life Support Certification  
Advanced Cardiac Life Support Certification  
Neonatal Resuscitation Program Certification  
Crisis Prevention Institute: Nonviolent Crisis Intervention Certification

## HONORS and AWARDS

Teaching Excellence Award, 2018, 2019

Warren J. Conen M.D. Humanitarian Intern of the Year Award, 2016

Mississippi Rural Physicians Scholarship, 2011 - 2015

J.P. "Jake" Mills Award in Obstetrics and Gynecology, 2014

John M. Gibbons Travel Award, ACOG Annual Clinical Meeting, 2014

Phi Theta Kappa All-Mississippi Academic First Team Member, 2008

Southwest Mississippi Community College Hall of Fame Inductee, 2008

## RESEARCH and PRESENTATIONS

Use of Acupuncture within Aurora Health Care Facilities – Aurora Health Care, 2016

*Exploratory study to explore the associations between patient characteristics and utilization of acupuncture services. A secondary objective is to evaluate the benefits and patient outcomes associated with acupuncture utilization.*

Colorectal Surgery Research - University of Mississippi Medical Center, 2014

*Retrospective study on survival and surgical outcomes in locally advanced and metastatic colorectal cancer.*

Diabetes Education Project - GE-National Medical Fellowship Primary Care Leadership Program, 2012

*One of 30 medical students selected for a six-week externship at a federally qualified health center to perform research and acquire leadership knowledge. Created and distributed diabetes surveys to patients at the Jackson-Hinds Comprehensive Health Center, educated patients and local senior citizens on diabetes and healthy living, compiled the research methods and results into a written paper, and presented the research to the physicians and staff of JHCHC and PCLP.*

Community Evaluation Poster Presentation - MS Rural Physician Scholarship Program, 2009

*Presented "Small Towns, Small Lives - The Heart of Mississippi" at the Mississippi Delta Rural Medicine Annual Meeting, focusing on the obstetric needs of Columbia, MS.*

## LEADERSHIP

Women's Health Mississippi

Practice Merger Lead, Board Member, 2022-present

King's Daughters Medical Center

Secretary, Medical Executive Committee, 2020-present

Team Lead, LDRP Quality, 2019-present

Mississippi Rural Physicians Scholarship Program

Board member, ACOG representative, 2022-present

Brookhaven OBGYN Associates, 2020-present

COVID19 Clinic Response Coordinator, 2020-present

Clinic Staff Manager, 2021-present

Aurora OBGYN Residency

Chief Resident and Hospital Liaison, 2018-2019

Aurora Resident Council

OBGYN Resident Representative, 2015 - 2019

Graduate Medical Education Committee Institutional Accreditation Subcommittee  
OBGYN Resident Representative, 2016 - 2019  
Aurora Sinai Medical Center Quality, Risk & Safety Research and Innovation Committee  
OBGYN Resident Representative, 2015 - 2019  
University of Mississippi OBGYN Interest Group  
Web Designer, 2013 to 2015  
University of Mississippi Family Medicine Interest Group  
Secretary, 2014-2015  
Residency Fair & Banquet Committee Officer, 2013-2014  
Social Events Committee Officer, 2012-2013  
M1 representative, 2011-2012  
Mississippi College Phi Theta Kappa Alumni Association  
Chaplain, 2009-2010  
Mississippi College Phi Theta Kappa Omicron Delta Chapter  
Public Relations Officer, 2007-2008  
Southwest Mississippi Community College Whispering Pines Yearbook Committee  
Co-Editor, 2007-2008

### ACTIVITIES

Rural Student Shadowing Center, 2019-present  
Think Pink presenter, 2022  
UMC OBGYN Resident Mentorship Program Mentor, 2020-present  
Providers and Teens Communicating for Health Workshop attendee, 2017  
Aurora Neighborhood Block Party Volunteer, 2016  
University of Mississippi Instructor for the M4/M2 Teaching Track, 2014 - 2015  
University of Mississippi Clinical Skills Assessment Center Instructor, 2014 - 2015  
Orientation Tour Guide for the Dean's Office, 2014  
Jackson Free Clinic Medical Volunteer, 2013 - 2015  
AAFP Partnership - TARWARS Presenter, 2009 and 2014  
Nursing School Interdisciplinary Project to the Mississippi Delta, Mercy Delta Express, 2013  
University of Mississippi Pre-matriculation Program, 2011  
Habitat for Humanity, 2008 - 2010  
Southwest Marion Volunteer Fire Department, 2005 - 2010  
Mississippi College International College Exchange Trip to Indonesia, 2009  
Project Belize: Medical and Dental Volunteer to Belize and Guatemala, 2008

### MEMBERSHIPS

The American Congress of Obstetricians and Gynecologists, 2013 to present  
Mississippi State Medical Association, 2011 - present  
American Medical Association, 2011 - 2019  
American Medical Women's Association UMC Chapter, 2013 - 2015  
American Academy of Family Physicians, 2011 - 2015  
Southwest Mississippi Community College Scholar's Bowl, 2006 - 2008  
Southwest Mississippi Community College Bear Trackers Recruitment Team, 2006 - 2008

### PERSONAL INTERESTS

Traveling, reading, meditating, and enjoying nature.