

## Education

**GEORGETOWN UNIVERSITY** | DECEMBER 2023

MASTER OF NURSING, FAMILY NURSE PRACTITIONER PROGRAM | GPA 4.0

**UNIVERSITY OF MINNESOTA** | DECEMBER 2019

MASTER OF NURSING, REGISTERED NURSE | GPA 3.96 | SIGMA HONOR SOCIETY (ZETA CHAPTER)

**ST. OLAF COLLEGE** | 2013

BIOLOGY, BIOMEDICAL STUDIES | CUM LAUDE | BETA BETA BETA HONOR SOCIETY, THETA ALPHA KAPPA HONOR SOCIETY

## Professional Experience

### FAMILY NURSE PRACTITIONER

ALLERGY AND ASTHMA CENTER OF MINNESOTA | DECEMBER 2023 - 2025

- Conduct comprehensive patient assessments, taking detailed histories and performing physical exams for individuals with food, environmental, and medication allergies, asthma, vocal cord dysfunction, atopic dermatitis, contact dermatitis, urticaria, and other allergic conditions.
- Administer and interpret allergy testing procedures, including skin prick tests, intradermal tests, patch testing and lab work to identify patient sensitivities and guide treatment decisions.
- Develop and implement individualized treatment plans, including allergen avoidance strategies, pharmacologic management, and immunotherapy interventions.
- Manage a panel of 30-40 oral immunotherapy patients in a structured 6-month program, conducting weekly appointments to facilitate food allergy desensitization.
- Educate patients and families on allergy management, prevention strategies, appropriate medication usage, inhaler technique, and emergency response plans for anaphylaxis, ensuring optimal adherence and safety.
- Collaborate with physicians and medical assistants to optimize patient care through a multidisciplinary, team-based approach.
- Maintain meticulous and up-to-date documentation within the electronic medical record system to ensure continuity and accuracy of care.

### REGISTERED NURSE, CHARGE NURSE & PRECEPTOR, BURN CENTER ICU

REGIONS HOSPITAL | FEBRUARY 2020 – JAN 2024

- Managed a variety of complex wounds and graft types at the bedside, including thermal, chemical, and electrical burns, Stevens-Johnson syndrome, and necrotizing infections in all ages, ensuring high quality patient care and accurate documentation.
- Executed advanced protocols for critically injured patients such as Nurse-Driven Resuscitation, emphasizing precision and adherence to evidence-based care practices.
- Provided leadership as a charge nurse, overseeing unit operations, mentoring nursing staff, and coordinating care with the healthcare team.
- Delivered compassionate patient and family education on wound care, infection prevention, and long-term skin health strategies.
- Educated and empowered new staff as a preceptor, fostering growth through respectful communication and hands-on guidance.
- Actively participated in quality improvement initiatives and monthly leadership meetings, contributing to strategic advancements in patient care.

### RESEARCH ASSISTANT, SCHOOL OF NURSING

UNIVERSITY OF MINNESOTA | AUGUST 2019 – FEBRUARY 2021

- Conducted participant recruitment for a study on exercise interventions for peripheral artery disease, consistently exceeding enrollment targets with 7+ participants per month.
- Administered exercise protocol education and supported participants weekly during the study, maintaining compliance and consistency amongst participants while fostering trust and engagement.
- Designed and managed data entry using RedCap, ensuring accurate collection, analysis, and trend identification.
- Communicated study updates and progress to the Principal Investigator, ensuring alignment with research objectives and milestones.

## Leadership Experience

### MASTER OF NURSING AT LARGE REPRESENTATIVE ON EXECUTIVE BOARD OF DIRECTORS

PHILLIPS NEIGHBORHOOD CLINIC (PNC) | AUGUST 2018 – DECEMBER 2019

- Spearheaded efforts to redesign clinical documentation processes for nursing, medical, and pharmacy students, leading an interprofessional team to enhance efficiency and streamline patient care workflows.
- Introduced and helped coordinate a nurse triage system to improve patient navigation and ensure appropriate utilization of healthcare services.
- Provided leadership as Patient Care Lead, overseeing patient care teams and ensuring the delivery of high-quality, patient-centered care.
- Represented Master of Nursing students on the executive board, collaborating biweekly with multidisciplinary healthcare students to drive quality improvements.
- Engaged in community outreach, volunteering at free community meals monthly to strengthen relationships and increase awareness of healthcare services, demonstrating a patient-centered approach to care.

## Publication

Salisbury, D. L., Swanson, K., Brown, R. J. L., & Treat-Jacobson, D. (2022). Total body recumbent stepping vs treadmill walking in supervised exercise therapy: A pilot study. *Vascular Medicine*, 27(2), 150–157. <https://doi.org/10.1177/1358863x21106888>

## Licensure & Certifications

<b>Certified Nurse Practitioner</b> , #11311, <i>Minnesota State Board of Nursing</i>	PRESENT – JUL 2025
<b>Registered Nurse</b> , #2479771, <i>Minnesota State Board of Nursing</i>	PRESENT – JUL 2025
<b>Public Health Nurse</b> , #29135, <i>Minnesota State Board of Nursing</i>	JAN 2020
<b>Advanced Cardiovascular Life Support</b> , <i>American Heart Association</i>	PRESENT – MAR 2025
<b>Advanced Burn Life Support</b> , <i>American Burn Association</i>	PRESENT – MAR 2025
<b>Pediatric Advanced Life Support</b> , <i>American Heart Association</i>	PRESENT – APR 2025
<b>Basic Life Support for Healthcare Providers</b> , <i>American Heart Association</i>	PRESENT – SEPT 2025
<b>Interprofessional Education Certificate</b> , <i>University of Minnesota</i>	AUG 2019
<b>Teamwork and Communication: A Culture of Safety</b> , <i>Institute of Healthcare Improvement</i>	FEB 2019