

# Misty Farrelly

Licensed Physical Therapist

## SUMMARY

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Seasoned DPT Licensed Physical Therapist with 16 years of experience and strong ability in manual skills and patient centered holistic care. Offering reliability and an individualized approach to patient care. Highly organized, proactive, and punctual with team-oriented mentality.

## SKILLS

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- Physical assessment
- Gentle and skilled with therapy procedures
- Stress management techniques
- Service and schedule flexibility
- Interpersonal Communication
- Case Management
- Compassion
- Time Management

## EXPERIENCE

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### Physical Therapist

#### Regions Hospital | Cloquet, MN | July 2023-current

- Completed Herman and Wallace Menopause and Male Pelvic Pain courses to expand my patient population.
- Provided inservices to pelvic health staff including case studies and the topic of Interstitial Cystitis with planned Be Well inservices available to all staff on the topics of Perimenopause and Menopause.
- Completed Graston Certification to improve depth and variety to myofascial mobilization.
- Actively participate in ongoing collaboration with my treating supervisor, OBGYN, and sexual medicine practitioners to provide care to more complex pelvic pain patients.
- Provided high quality services to a diverse orthopedic and pelvic health population.

#### Community Memorial Hospital, Sunnyside Nursing Home | Cloquet, MN | Nov 2012-July 2023

- Identified and properly documented patient goals, evaluate progress, and planned re-evaluations.
- Rendered highest quality of care when interacting with patients and families.
- Collaborated with 15 PT, PTA, and administrative staff members to provide thorough and cohesive care plans.
- Provided high quality services in variable setting including outpatient, inpatient, as well as skilled nursing. Also provided professional outpatient services to a large patient population including but not limited to pediatric, geriatric, orthopedic, as well as patients with multiple pelvic floor dysfunctions.
- Introduced physical therapy pelvic floor services in the outpatient setting following continuing education, physician education and collaboration, and interdisciplinary program development.
- Completed the Pelvic Floor as well Pregnancy series through Herman and Wallace.
- Initiated pre-partum education and acute care protocols to our post-partum population.

## **Physical Therapist**

### **Concentra Physical Therapy | Anaheim, CA | Mar 2011-Oct 2012**

- Managed a high-volume caseload of 12-16 patients a day.
- Assessed and reported inventory, clinical metrics, and statistics
- Demonstrate flexibility and time management proficiency with ability to integrate Same Day Evaluations and Human Performance Evaluations in schedule

## **Physical Therapist**

### **St. Luke's Hospital | Duluth, MN | May 2009-Dec 2010**

- Organized outpatient orthopedic and pediatric management plans alongside physicians, occupational, as well speech therapists.
- Provided integrative pediatric services through case management meetings
- Enhanced services in the outpatient pediatric setting through program development, continuing education, and equipment purchasing.
- Participated in skill development in manual therapy to include effective mobilization, stretching, and manipulation of joints before therapeutic exercise

## **EDUCATION AND TRAINING**

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### **Doctorate of Physical Therapy:** Physical Therapy

College of Saint Scholastica | Duluth, MN | May 2009

### **Bachelor of Science:** Physical Therapy

College of Saint Scholastica | Duluth, MN | May 2006